



Keeping in Touch

Holiday 2022

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SHARE THE JOY OF THE HOLIDAYS WITH A CONTRIBUTION FOR OUR WOUNDED VETS

During this holiday season, the wars in Iraq and Afghanistan are now memories. American forces are no longer engaged in day-to-day combat. But the consequences of those battles continue to affect the lives of the men and women who chose to serve their country and counted on the government to have their backs. Sadly, many veterans of those wars carry the physical and mental scars of those battles. Some grow so weary of the struggle that they end their lives. Too many veterans are still dying by suicide. Nearly 1 in 4 wounded veterans continue to have suicidal thoughts with far too many acting on them. Adding to this concern, many of our warriors report difficulty or delays in receiving professional mental health care. Of these warriors, a majority feel embarrassed or ashamed about getting such care.



Plagued by the demons of post-traumatic stress disorder (PTSD) or traumatic brain injury, many of our warriors find it impossible to hold a job or maintain relationships with their family. Many become homeless. The National Coalition for Homeless Veterans reports that 11% of the adult homeless population are veterans. Other studies report that this figure is as high as 20%, with wounded warriors being particularly at risk for becoming homeless.

There shouldn't be a link between wounded vets, suicide, or homelessness. Combat Soldiers Recovery Fund (CSRF) recognizes that our program cannot bring an end to all these horrors. But we are committed to doing the best we can for those we can reach. You, through your contribution, are helping to make the lives of our veterans better. The likelihood of experiencing PTSD symptoms is 57% lower among warriors who receive the social support of family and friends. Your donation can help in bringing families together and in countless other ways that can bring joy during the holiday season. We know that if we can help one vet, that the result will multiply and benefit the lives of others.

Please send donations to:

Combat Soldiers Recovery Fund
3804 Williams Lane
Chevy Chase, MD 20815

www.combatsoldiersrecoveryfund.org

IN MEMORIAM

REMEMBERING JACK HORNER. CSRF SUPPORTER AND FRIEND.



(left) Garland Miller, Founder and President of CSRF and (right) Jack Horner, CSRF fundraising volunteer and friend.



(left) Jack Horner and (right) Garland Miller proudly represent CSRF at the Combined Federal Campaign Fair which enables federal employees to support deserving community organizations.

John R. "Jack" Horner, a longtime Capitol Hill staffer and the former Director of Congressional Affairs at the Consumer Product Safety Commission (CPSC), died on July 29, 2022 at his home in Ft. Lauderdale. A fifth-generation Washingtonian, Jack was born in Georgetown in 1949.

From the founding of Combat Soldiers Recovery Fund and writing the first newsletter, Jack was a valued supporter of CSRF. His fundraising efforts greatly benefited our efforts to help our wounded vets. His friendship and support over the years will always be cherished.

We urge you to help carry on Jack's legacy by sending a message of support and encouragement to the brave recovering vets who have given so much. As we remember Jack, count your blessings, and donate to CSRF.
